



## NEMTAC® CERTIFIED STRETCHER OPERATOR™ (CSO)

Ensuring Safety | Promoting Accountability | Enhancing Reliability

### Course Objectives

The handling and movement of passengers using a stretcher poses an inherent risk to both passenger and provider due to potential mechanical failures or unsafe practices by the operator. As a NEMT professional who provides stretcher services, understanding the operations of a stretcher is critical to the health and safety of the passenger and stretcher operator.

### Course Overview

The course is divided up into two distinct segments, online and hands on-training. Part One is a one-hour self-paced online training course. The course provides an overview and awareness of Stretcher Operation for the NEMT professional.

Topics covered include:

- Proper body mechanics
- Equipment overview
- Safe lifting & loading
- General stretcher operations
- Hands-on skills review

Part Two is a three-hour in person hands-on didactic course which reviews and reinforces the principles of the online course. Students interact with experienced instructors as they review stretcher operations and how to safely transfer passengers onto or from the stretcher.

- Understand proper body mechanics and how to apply them in your daily work activities.
- Evaluate and choose the correct equipment required for safe passenger transport.
- Identify the necessary information required to safely transport passengers.
- Discuss and demonstrate safety precautions when lifting / moving / carrying passengers.
- Demonstrate an understanding of safe lifting procedures for Stretcher/Gurney

Upon completion of NEMTAC's nationally accredited stretcher course, participants will be certified for 2 years in NEMT Stretcher Operations. Students will receive their Certified Stretcher Operator (CSO) certificate only after completion of both online and hands-on sessions of the course.